



# Vision and Aging

## Low Vision

The purpose of the *Low Vision* program is to present information about low vision, what can be done about it, and where to get more information. After attending this educational session, participants will be able to do the following:

- Identify signs that may signal vision loss.
- Outline what they can do if they have low vision.
- List important questions to ask an eye care professional and/or specialist in low vision.
- Know where to go for more information on low vision.

### Materials

- *Low Vision* PowerPoint Presentation and PDF Document
- *Speaker's Guide* PDF
- *Tips for Talking to Your Eye Care Professional* Participant Handout PDF
- *Simple Solutions for Managing Medications* Handout PDF
- *Eye Diagram* Handout PDF
- *Dilated Eye Exam* Handout PDF
- *Promotional Announcement* PDF and Word Document (Community poster)
- *Participant Evaluation Form* PDF



## HOW TO USE THE PROGRAM:

### *Low Vision*

This program can be used for an educational session. It contains a PowerPoint presentation, a Speaker's Guide, participant handouts, a promotional announcement (community poster), and a participant evaluation form.

The following information provides suggestions on how to use the materials in this program.

### PowerPoint Presentation

- The PowerPoint slides are the focus of the *Low Vision* program. Use them to present eye health information to groups of older adults.
- The program has its own PowerPoint presentation that has a corresponding speaker's guide.
- You will need access to a computer/laptop in order to present. Ideally, you should also project the slides onto a screen using an LCD projector.

- If you do not have access to an LCD projector, you can print out copies of the PowerPoint slides for participants and ask them to follow along.
- Please refrain from reading directly from the PowerPoint slides. Instead, use the talking points in the speaker's guide.
- Tailor the announcement to indicate the time, date, and location of your session.
- Be clear that this presentation is an educational session, not a vision screening. However, you may wish to do it in conjunction with a screening.

## Speaker's Guide

- The speaker's guide mimics the slides on the PowerPoint but also includes talking points below each slide for you to give your presentation.
- The talking points correspond with each of the bullets on the PowerPoint slide.
- No prior knowledge of eye health is necessary. All the information you need to present is included in the speaker's guide.
- If the attendees ask questions that are not directly addressed on the slide, please reply by referring them to their eye care professional.
- Do not hand out copies of the speaker's guide to attendees.
- Use the Presenter's Tips in the speaker's guide to engage your audience.

## Promotional Announcement

- The announcement can be posted in a flyer or incorporated into newsletters or other publications to publicize your educational session.

## Participant Handouts

- This program has handouts that you can reproduce and distribute to participants.
- The handouts provide a summary of the key messages in the presentation. The handouts also contain information about where participants can get more information.

## Participant Evaluation Form

- Print out copies of the evaluation form and ask participants to fill one out after your presentation. This information can help you in preparing for future presentations.
- The National Eye Institute is also interested in getting feedback from participants. If you would like to share these evaluations, please mail them to:  
NEHEP  
31 Center Drive MSC 2510  
Bethesda, MD 20892-2510

## Where To Get More Information

For more information, visit the National Eye Health Education Program “Vision and Aging” Web page: [www.nei.nih.gov/nehep/programs/visionandaging](http://www.nei.nih.gov/nehep/programs/visionandaging)



Lions Eye Health Program



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